

A silhouette of a person rappelling down a dark rock face. The person is wearing a helmet and a harness, and is holding onto a rope. The background is a vibrant sunset sky with orange and yellow clouds. In the distance, there are mountains and a body of water.

**我們必須選擇  
以救主為固定點，  
藉著聖約與祂結合。**

琴恩·賓翰  
2022年4月總會大會