

**I can talk to Heavenly Father through prayer (Enos 1:1-17).**

In the first two ovals, write or draw pictures of some of the things Enos prayed about.

In the third oval, write or draw something you can pray about.

Panel 1: A large empty oval on the left for writing or drawing. On the right, a line drawing of a man in a long robe and headband kneeling in prayer. His hands are clasped together, and his head is bowed. The background shows a landscape with a large sun with rays, a path, and some foliage.

Panel 2: A large empty oval on the left for writing or drawing. On the right, a line drawing of a man in a long robe and headband kneeling in prayer. His hands are clasped together, and his head is bowed. The background shows a night landscape with a crescent moon, several stars, and some foliage.

Panel 3: A large empty oval on the left for writing or drawing. On the right, a line drawing of a man in a long robe and headband kneeling in prayer. His hands are clasped together, and his head is bowed. The background shows an interior setting with a window, a small table with a book, and a basket on the floor.