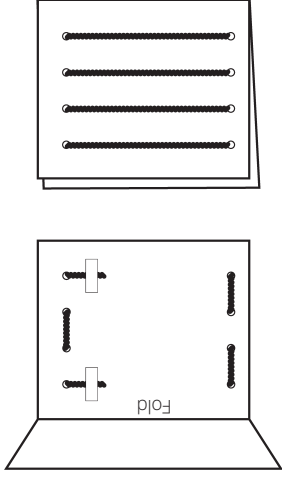
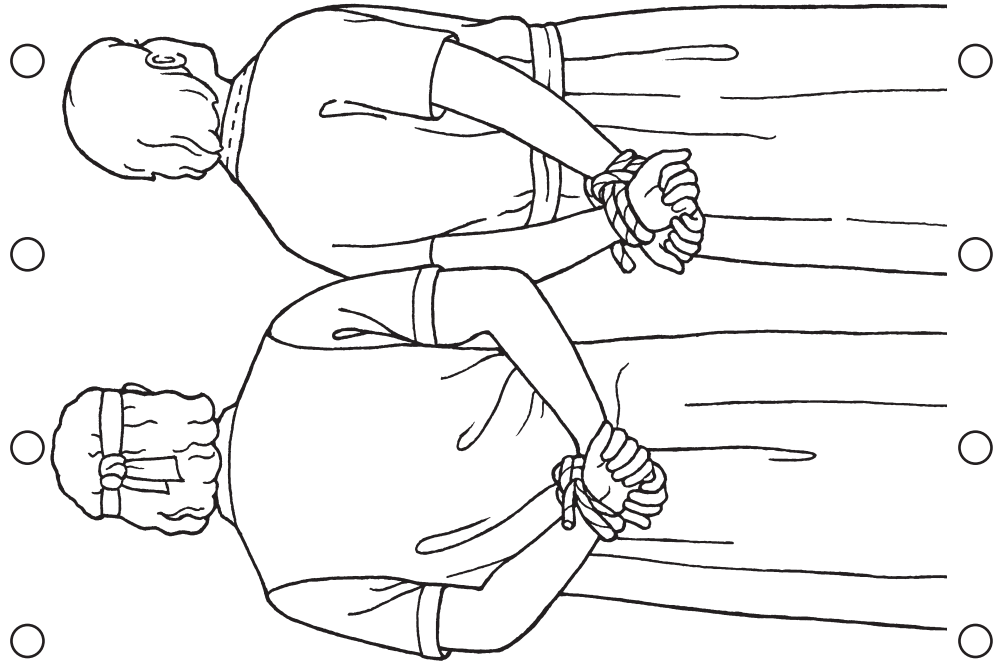


# Heavenly Father strengthens me when I have faith in Jesus Christ (Alma 14:18-29).

Cut out the rectangle around the outer edge. Punch out the circles, and thread yarn through them to make prison bars. Tape the yarn in place on the back, as shown. Fold the paper and use it to tell the story of Alma and Amulek to someone.



Alma and Amulek were cast into prison.



Because of their faith, God gave them power to escape.

