

# Highs and Lows

♩ = 96

Words and Music by Nik Day

A<sup>b</sup> E<sup>b</sup> B<sup>b</sup> C<sup>m</sup> A<sup>b</sup> E<sup>b</sup>

Some days I'm like a rock - et ship, — Go-ing

4 B<sup>b</sup> C<sup>m</sup> A<sup>b</sup> E<sup>b</sup>

up up up like I'll ne - ver quit, — Look-ing down — at the world be - low, Feel-ing

6 B<sup>b</sup> C<sup>m</sup> A<sup>b</sup> E<sup>b</sup>

oh so free in the sun-shine glow. Some days I'm like a can - non ball — Sink-ing

8 B<sup>b</sup> Cm A<sup>b</sup> E<sup>b</sup>

down down down like a wa - ter-fall. — But wher - ev - er I am — and what - ev - er I need, You're

10 B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

there for me. Through my highs and lows, my highs and lows. — Highs and

12 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

lows, My highs and lows, — You show — me that You love me, and I know You'll ne - ver let me

14 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

go. Through my highs and lows — — — — — Through my highs and

16 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

lows, \_\_\_\_\_ You show \_\_\_\_\_ me that You love me, and I know You'll ne-ver let me

18 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

go. Through my highs and lows \_\_\_\_\_ Through my highs and

20 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup> To Coda ☉

lows, \_\_\_\_\_ You show \_\_\_\_\_ me that You love me, and I know You'll ne-ver let me

22 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

go. You get me through the win - ter nights. \_\_\_\_\_ You

24 B<sup>b</sup> Cm A<sup>b</sup> E<sup>b</sup>

say my name bring me back to life. \_\_\_ Like a fire burn-ing in my chest, Feel-ing

26 B<sup>b</sup> Cm A<sup>b</sup> E<sup>b</sup>

oh so loved, and I won't for - get, You give \_\_\_ me hope when it's hope - less.

28 B<sup>b</sup> Cm<sup>7</sup>

You save \_\_\_ me when I lose my fo - cus.

29 A<sup>b</sup> E<sup>b</sup> B<sup>b</sup> D.S. al Coda

When it seems \_\_\_ I'm be-yond re - pair, You're al - ways there Through my highs and

CODA

31 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

go. Through my highs and highs and lows, You put me back to -

33 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

geth-er and You make me whole. And I know I'm ne-ver gon-na be a-lone.

35 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

Through my highs and highs and lows. You hear me when I

37 Cm B<sup>b</sup>

pray, and you save my soul. And I know I'm

38  $A^b$   $E^b$  Cm  $B^b$

ne - ver gon - na be a - lone. Through my highs and

40  $A^b$   $E^b$  Cm  $B^b$

lows. My highs and lows. Oh. You show \_

42  $A^b$   $E^b$

\_ me that You love me, And I know You'll ne - ver let me

43 Cm  $B^b$   $A^b$   $E^b$

go. Through my highs and lows. Through my highs and

45 Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

lows, \_\_\_\_\_ You show \_\_\_\_\_ me that You love me, and I know You'll ne-ver let me

47 Cm B<sup>b</sup>

go. \_\_\_\_\_ Through my highs and \_\_\_\_\_

48 A<sup>b</sup> E<sup>b</sup> Cm B<sup>b</sup>

lows \_\_\_\_\_ Through my highs and lows, \_\_\_\_\_ You show \_\_\_\_\_

50 A<sup>b</sup> E<sup>b</sup> Cm B<sup>b</sup>

\_\_\_\_\_ me that You love me, and I know You'll ne-ver let me go.