

The Beatitudes

NEW TESTAMENT SEMINARY MATERIAL

Reference	Attribute
Matthew 5:3; 3 Nephi 12:3	Poor in spirit. To be humble, or “to recognize gratefully our dependence on the Lord—to understand that we have constant need for His support. Humility is an acknowledgment that our talents and abilities are gifts from God” (Gospel Topics, “Humility,” topics.ChurchofJesusChrist.org).
Matthew 5:4	Mourn. To feel and express sorrow about something. A person may mourn for the trials of mortality that they and others experience. A person may also mourn because of sorrow for sin.
Matthew 5:5	Meek. To be “‘Godfearing, righteous, humble, teachable, and patient under suffering’ [Guide to the Scriptures, ‘Meek, Meekness,’ scriptures.ChurchofJesusChrist.org]. Those who possess this attribute are willing to follow Jesus Christ, and their temperament is calm, docile, tolerant, and submissive” (Ulisses Soares, “Be Meek and Lowly of Heart,” <i>Ensign or Liahona</i> , Nov. 2013, 9).
Matthew 5:6; 3 Nephi 12:6	Hunger and thirst after righteousness. To have a great desire to know and do the will of God.
Matthew 5:7	Merciful. To be “compassionate, respectful, forgiving, gentle, and patient, even when we are aware of others’ shortcomings” (Gospel Topics “Mercy,” topics.ChurchofJesusChrist.org).
Matthew 5:8	Pure in heart. To be counted among those who “love the Lord, who seek to follow Him and keep His commandments, who are striving to live virtuous lives and endure faithfully to the end. The pure in heart are those who control their thoughts to keep themselves free from immoral fantasies and deeds” (Sheldon F. Child, “Words of Jesus: Chastity,” <i>Ensign or Liahona</i> , Jan. 2003, 44).
Matthew 5:9	Peacemaker. “To help people find common ground when others are seeing differences” (Henry B. Eyring, “Learning in the Priesthood,” <i>Ensign or Liahona</i> , May 2011, 63).
Matthew 5:10-12	Persecuted for righteousness’ sake. To be willing to obey and defend Jesus Christ and His teachings, even when we may be mocked or mistreated for doing so.