Before conference starts, you can prepare to hear the voice of the Lord by seeking your own personal revelation.
Elder Jeffrey R. Holland has taught, “Revelation almost always comes in response to a question.”

General conference is a wonderful opportunity to learn what the Lord would have you know and do. But, how do you know when He’s speaking to you? It starts with thinking about your life and what you need help with.

Here are some things to think about:

- Take some time to write down what personal direction you hope the Lord will give you during conference.
- As you listen to general conference, keep these questions in mind. The Lord can give you personalized direction.

What They Said:

- What can I do about the challenges I am facing?
- What Christlike attributes could I work on developing?
- What in my future do I need to be preparing for?
- What am I doing now that I need to stop doing?
- What am I not doing that I need to start doing now?

My Feelings and Impressions:

- “When I take notes at conference, I do not always write down exactly what the speaker is saying; I note the personalized direction the Spirit is giving me. What is said is not as important as what we hear and what we feel.”
  Elder Robert D. Hales (1932–2017)

Take it a try! As you listen to conference, don’t worry about writing down things the speakers say word for word. If you miss something, you can always go back and read or watch it later. Focus on writing your thoughts and impressions during their talks. If you write them down in the moment, you won’t have to try to remember them later.

There are many reasons people take notes during conference. Taking notes can help you pay better attention and remember what you’ve heard. When you take notes, you show the Lord you are ready to receive personal revelation and act on it.
My Feelings and Impressions:

“SPECIAL INVITATIONS
Church leaders often give invitations to help us grow spiritually. Have you heard any specific invitations during the sessions? Write them here so you don’t forget!

“I promise that as you hear the voice of the Lord to you in the teachings of this general conference, and then act on those promptings, you will feel heaven’s hand upon you, and your life and the lives of those around you will be blessed.”

Elder Neil L. Andersen

PAUSE!
Have you received any answers to your questions so far? If you have, take a moment to write down the guidance and direction you’ve received.

What They Said:
“The greatest blessings of general conference come to us after the conference is over. Remember the pattern recorded frequently in scripture: we gather to hear the words of the Lord, and we return to our homes to live them.”

Elder Robert D. Hales

What They Said:

My Feelings and Impressions:

NOW IS A GREAT TIME TO SET GOALS TO HELP YOU ACT ON THE THINGS YOU’VE LEARNED. HERE ARE SOME IDEAS:

- Pick one or two pieces of personalized direction and create a plan to act.
- Make a plan to act on one of the challenges or invitations you heard.
- Listen to a conference talk every morning while you get ready for school.
- Share one of your favorite stories or quotes from conference with a friend or on social media.
- Plan a time when your family can share what stood out to each of them during conference.

DO YOU HAVE ANOTHER IDEA? WRITE YOUR OWN GOAL:

USE SCISSORS TO CUT OFF THIS PART OF THIS PAGE. THEN YOU CAN PUT IT SOMEWHERE YOU WILL SEE EVERY DAY TO REMIND YOU OF YOUR GOALS!

WHAT’S NEXT FOR ME?

What a wonderful experience it has been listening to the testimonies of the apostles and prophets! Did you receive direction that can help you in your life?

Now is a great time to set goals to help you act on the things you’ve learned. Here are some ideas:

- Pick one or two pieces of personalized direction and create a plan to act.
- Make a plan to act on one of the challenges or invitations you heard.
- Listen to a conference talk every morning while you get ready for school.
- Share one of your favorite stories or quotes from conference with a friend or on social media.
- Plan a time when your family can share what stood out to each of them during conference.

DO YOU HAVE ANOTHER IDEA? WRITE YOUR OWN GOAL:

Use scissors to cut off this part of this page. Then you can put it somewhere you will see every day to remind you of your goals!
“Answers to your specific prayers may come directly from a particular talk or from a specific phrase. . . An earnest desire to hear and follow the words of counsel will prepare the way for personal revelation.”

Elder Dieter F. Uchtdorf®

Notes