

## Tuesday Morningside

### “Laying a Foundation”

Doctrine & Covenants 64:33-34: “Wherefore, be not weary in well-doing, for ye are laying the foundation of a great work. And out of small things proceedeth that which is great. Behold, the Lord requireth the heart and a willing mind.”

***This outline contains resources for you to use as you prepare for this learning experience. You will likely not have time to do all of these activities. You are invited to seek the Spirit and utilize effective teaching methods to help learners feel and understand the intended outcome of the topic.***

#### Resources:

Helaman 5:12

Luke 6:46-49

Ephesians 2:19-20

2 Timothy 2:19

Jacob 4:16

Answering Gospel Questions (contains many great quotes from modern prophets on having questions and remaining faithful)

<https://www.churchofjesuschrist.org/study/manual/gospel-topics/answering-gospel-questions?lang=eng>

“Prophetic Priorities”, Elder Richard G. Hinckley <https://speeches.byu.edu/talks/richard-g-hinckley/prophetic-priorities/>

Act in Faith: The Stonemason video <https://www.churchofjesuschrist.org/media/video/2016-05-5000-act-in-faith-the-stonemason?lang=eng>

FSY musical number(s) if applicable

Below are some suggestions of what you may wish to do (perhaps pick one or two based on time):

- “What foundation are you laying in your life today?”
  - Foundation scriptures:
    - Helaman 5:12 (it is upon the rock of our Redeemer, who is Christ, the Son of God, that ye must build your foundation . . . when . . .)
    - Luke 6:46-49 (Wise/Foolish man – v. 48 “dug deep”; if used, teach the on the emphasis of “laying” their foundation by digging deep)
    - Ephesians 2:19-20 (Foundation of Prophets and Apostles / Christ as Chief Cornerstone)
    - 2 Timothy 2:19 (Foundation standeth sure . . . the Lord knoweth them that are His)
    - Jacob 4:16 (Christ is the rock and the only sure foundation)
- “Why is it necessary to build on Christ as our foundation?”
- Discuss:
  - “Building” and what to do when you come across things you can’t “place” (questions, faith crisis moments, etc.)?

- Share:
  - Stone mason / rock wall message (Elder Richard Hinckley)  
<https://www.churchofjesuschrist.org/media/video/2016-05-5000-act-in-faith-the-stonemason?lang=eng>
  - One or more quotes/ clips from the “Answering Gospel Questions” Gospel Topics manual such as:
    - Elder Jeffrey R. Holland, “Lord, I Believe”, GC April 2013
      - “In moments of fear or doubt or troubling times, hold the ground you have already won, even if that ground is limited. ... When those moments come and issues surface, the resolution of which is not immediately forthcoming, hold fast to what you already know and stand strong until additional knowledge comes. ... The size of your faith or the degree of your knowledge is not the issue—it is the integrity you demonstrate toward the faith you do have and the truth you already know.”
  - Consider using a clip from President Uchtdorf’s talk:
    - President Dieter F Uchtdorf, “Come Join With Us”, October 2013 (one minute clip)
      - *“the acorn of honest inquiry has often sprouted and matured into a great oak of understanding”*
        - <https://www.churchofjesuschrist.org/prophets-and-apostles/unto-all-the-world/come-join-with-us?lang=eng>
      - “There Is Room for You. To those who have separated themselves from the Church, I say, my dear friends, there is yet a place for you here. Come and add your talents, gifts, and energies to ours. We will all become better as a result. Some might ask, “But what about my doubts?” It’s natural to have questions—the acorn of honest inquiry has often sprouted and matured into a great oak of understanding. There are few members of the Church who, at one time or another, have not wrestled with serious or sensitive questions. One of the purposes of the Church is to nurture and cultivate the seed of faith—even in the sometimes sandy soil of doubt and uncertainty. Faith is to hope for things which are not seen but which are true. Therefore, my dear brothers and sisters—my dear friends—please, first doubt your doubts before you doubt your faith. We must never allow doubt to hold us prisoner and keep us from the divine love, peace, and gifts that come through faith in the Lord Jesus Christ.”  
<https://www.churchofjesuschrist.org/study/general-conference/2013/10/come-join-with-us?lang=eng> (from full talk)

- *Testify:*
  - Bear honest witness of your having built on the Savior and the foundation He has established.
- *Invite:*
  - Invite participants to write their feelings of what they have learned today and/or set a goal to better “lay a foundation” in their own lives.