

# Finding Answers to Questions Outline

Day 2, 11:30 AM Lesson

*Summary: To demonstrate to the youth how the gospel, especially the scriptures and the words of living prophets, can provide strength, answer questions, and help them overcome any trial in their lives. To teach the youth how to find answers to gospel and life questions by using the many resources that are available to them; and to show them where and how to seek and find answers.*

*“Giving a man a fish feeds him for one meal. Teaching a man to fish feeds him for a lifetime. As parents and gospel instructors, you and I are not in the business of distributing fish; rather, our work is to help our children learn ‘to fish’ and to become spiritually steadfast. This vital objective is best accomplished as we encourage our children to act in accordance with correct principles—as we help them to learn by doing.” (Elder David A. Bednar, “Watching with All Perseverance,” General Conference, April 2010)*

Note to Speaker:

This is an abbreviated lesson outline, please see the companion document “Finding Answers to Questions - Resources” for a compilation of suggested quotes and scriptures for you to use as you prepare to teach. Please use the main teaching points (numbered points) listed here, rather than answering the youth’s specific questions. Support those main teaching points by choosing additional sub-points (Roman numerals) to take the lesson in the direction you would like to go.

## Outline Overview

1. It’s okay to have questions and challenges; what matters is what we do with them.
  - i. “...help thou mine unbelief.”
  - ii. Asking the RIGHT questions
  - iii. Joseph Smith
  - iv. You must start by... (segue into next section)
2. Gaining a personal testimony of Heavenly Father, Jesus Christ, Holy Ghost, and leaders of the Church is the first step to finding answers to life’s questions.
  - i. Desire – search for testimony begins here
  - ii. Faith
  - iii. Patience
  - iv. Application – gaining testimony of Christ and the leaders of the Church
  - v. Scriptures
3. Using trusted resources will enhance your ability to find answers.
  - i. Online resources
  - ii. Mobile resources
  - iii. People
  - iv. Hard Copy Resources
4. Take time to apply.
  - i. Principles apply universally to all situations
  - ii. Challenge and application
  - iii. Testify of the process
  - iv. Our Savior and the Atonement
  - v. Perseverance