

Be kind to yourself when you make a mistake.



Write a nice note for someone who looks sad or lonely.

Meet three new people today. Write their names here!

Name:

What I learned about them:

Three horizontal lines for writing.

Name:

How I can get to know them better:

Three horizontal lines for writing.

Name:

How I can help them:

Three horizontal lines for writing.

Classroom Kindness

Here are some ways you can bring more kindness into your classroom.

Tips for Making Friends

1. Reach out to others who are different from you.
2. Learn three new facts about someone in your class.
3. Smile and say hello.
4. Say something kind! Cool backpack? A shirt that you like? Say it!
5. Ask someone to sit by you or play with you.

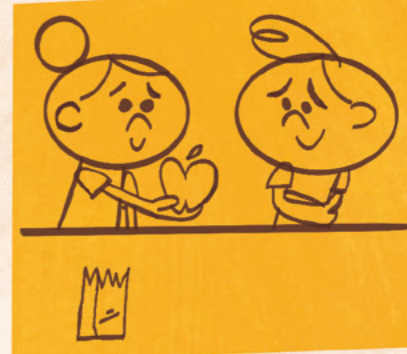
Bring an extra pencil for someone who forgot theirs.

ILLUSTRATIONS BY MITCH MILLER

KINDNESS NEEDED

"Our world needs your goodness and love. Be kind to one another."

President Dallin H. Oaks, First Counselor in the First Presidency, "Parents and Children," *Liahona*, Nov. 2018, 67.



Follow Jesus Christ's example. What would He do?

Something kind I can do:

Three horizontal lines for writing.