

Introduction to Your Personalized Study Session

We're excited to meet with you and discuss things that are on your mind, questions you have about life, how to find purpose and meaning, or anything else that you want to talk about. We promise to listen closely to your thoughts and concerns, and together we'll try to find answers and insights that can help. As we get ready to study together, here are some things you can do to get the most out of this session:

Decide what's important.

Obviously, we can talk about a variety of subjects and topics, but it will probably help if you decide which one or two you're most interested in to help focus our discussion.

Don't hesitate to ask questions.

The last thing we want is for this study session to be a one-way conversation. We're interested in your questions because they always lead to more meaningful dialogue.

Write down what you learn.

Don't forget the ideas and insights that come to mind as we study together. Use a journal or notebook to keep track of what you learn.

Pay attention to what you feel.

We strongly believe that God is pleased when we try to understand the important things in life. You may feel a special closeness to God as we talk — a sign of His love for you.

Is there life after death?

SCRIPTURE PASSAGE

Alma 40 — All shall rise from the dead

Luke 24 — Angels announce the resurrection of Christ

WHAT'S NEXT?



Read: The Plan of Salvation

How do I pray?

SCRIPTURE PASSAGE

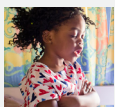
Enos 1:1-18 — Enos prays

Matthew 6:5-13 — Jesus teaches how to pray and prays to the Father

WHAT'S NEXT?

Set a Goal

Say a prayer before bed each night this week.



Read: 4 Steps to Prayer

How can I strengthen my family? What are eternal families?

SCRIPTURE PASSAGE

Mosiah 4:13-15 — Live the gospel of Jesus Christ

Luke 15: 11-24 — The parable of the prodigal son

WHAT'S NEXT?

Set a Goal

Pray together as a family every day this week.



Read and Watch: What is the Purpose of Family?

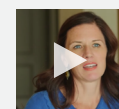
What is the purpose of life?

SCRIPTURE PASSAGE

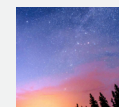
Alma 12:24-34 — This life is a time to prepare to meet God

Matthew 24-25 — Prepare to live in turbulent times

WHAT'S NEXT?



Watch: A mom talks about her autistic son and what she's learned about the purpose of life.



Read: What is the Meaning of Life?

Who is God/ Heavenly Father?

SCRIPTURE PASSAGE

3 Nephi 13:26–33 — Heavenly Father knows all things and cares for His children

Hebrews 12:9; Malachi 2:10 — God is the Father of our spirits

WHAT'S NEXT?

Set a Goal

Try addressing God as Heavenly Father in your prayers this week.



Read: Is God real?

Who is Jesus Christ?

SCRIPTURE PASSAGE

1 Nephi 11:13–33 — Jesus is the Son of God, the Savior and Redeemer of all people

John 3:16–17 — God the Father sent His Son Jesus Christ to be a Savior

WHAT'S NEXT?



Read and Watch: Who is Jesus Christ?



Read: Here are a few ways to put Jesus Christ first in your life.

Who is the Holy Ghost/ Holy Spirit?

SCRIPTURE PASSAGE

Ether 12:41 — The Holy Ghost bears record of the Father and the Son

John 14:16–27 — Jesus teaches that the Holy Ghost is the Comforter

WHAT'S NEXT?

Set a Goal

Write down times you've felt the Holy Spirit in your life.



Watch: A hitchhiker receives unexpected inspiration.

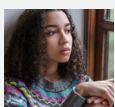
How can I forgive and be forgiven?

SCRIPTURE PASSAGE

Mosiah 4:2 — Seek forgiveness through the atoning blood of Jesus

Matthew 18:21–35 — Jesus teaches to forgive others

WHAT'S NEXT?



Read: Finding Peace through Repentance



Read: Forgiveness can set you free.

What are worship services?

SCRIPTURE PASSAGE

Moroni 6:4–9 — Members of Christ's Church worship together

Luke 22:14–20 — Jesus worships with His followers at the Last Supper

WHAT'S NEXT?

Set a Goal

This Sunday, attend a worship service with us.



Watch: Where is Jesus's church?

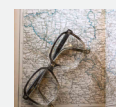
What is the Book of Mormon? The Restoration of Christ's Church?

SCRIPTURE PASSAGE

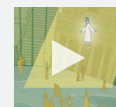
1 Nephi 13:12, 35–42 — Plain and precious truths revealed in the Book of Mormon

Isaiah 29:9–18 — The Lord will reveal the Book of Mormon to give light in darkness

WHAT'S NEXT?



Read: When was Jesus Christ's church restored?



Watch: Get to know the Book of Mormon in 60 seconds

What is the Holy Bible?

SCRIPTURE PASSAGE

2 Nephi 3:12 — The Bible, together with the Book of Mormon, will establish truth

Romans 15:4 — The Bible is a collection of scriptures for our learning

WHAT'S NEXT?

Set a Goal

Read from the Bible with your family each day.



Watch: What is the Holy Bible?

Why is baptism so important?

SCRIPTURE PASSAGE

2 Nephi 31:4–13 — Nephi teaches that Jesus was baptized by immersion

Matthew 3:13–17 — Jesus was baptized by immersion

WHAT'S NEXT?



Read: Why did Jesus Christ need to be baptized?



Watch: Jesus is baptized by John the Baptist.

How can I be part of a church community?

SCRIPTURE PASSAGE

Mosiah 18:8–10 — Members of a church community strengthen one another

Ephesians 4:11–16 — Being part of a church community strengthens faith in Jesus Christ

WHAT'S NEXT?



Watch: See the benefits of being part of the church community.



Read: Belong to a Caring Community

Who are prophets? Who is Joseph Smith?

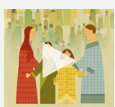
SCRIPTURE PASSAGE

1 Nephi 22:2 — Prophets teach by the Spirit

2 Nephi 3 — The Book of Mormon teaches that Joseph Smith was a prophet of God

Amos 3:7; Luke 1:70 — God reveals truth to the world through prophets

WHAT'S NEXT?



Watch: Why does God use prophets?



Read: Who was Joseph Smith?

What are the Ten Commandments?

SCRIPTURE PASSAGE

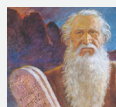
Exodus 20:3–17 — God reveals the Ten Commandments

Mosiah 12:33–37; 13:11–24 — The prophet Abinadi teaches people about the Ten Commandments

WHAT'S NEXT?

Set a Goal

Pick a commandment to better follow this week.



Read: What does each of the 10 commandments mean?

How can I learn about genealogy and find my ancestors?

SCRIPTURE PASSAGE

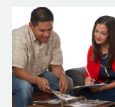
1 Nephi 5:14–19 — The importance of knowing about our ancestors

Malachi 4:6 — The hearts of the children will turn to their fathers

WHAT'S NEXT?

Set a Goal

Fill out your family tree.



Read: The Importance of Family

What are the basic beliefs of The Church of Jesus Christ of Latter-day Saints?

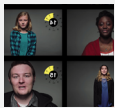
SCRIPTURE PASSAGE

3 Nephi 27 — Jesus teaches the basic beliefs of His gospel

2 Nephi 25:26 — We talk of Christ

Articles of Faith

WHAT'S NEXT?



Watch: 60 beliefs in 60 seconds



Read: What do members of the Church of Jesus Christ of Latter-day Saints believe about Jesus Christ?

Get More Out of Your Study

Your study doesn't end once we leave—in some ways, it's just the beginning. As you study more about the topics we've discussed, or if you have questions on other topics, we have a variety of tools and resources that can help you, including the following:

CHAT WITH MISSIONARIES

We'll do our best to answer your spiritual questions and help you come closer to Jesus Christ. Request a visit at comeuntochrist.org/requests/missionary-visit.

JOIN US AT A CHURCH SERVICE

Everyone is welcome to come worship with us and learn more. Find a local meetinghouse and church service times at comeuntochrist.org/worship-with-us.

THE BIBLE & THE BOOK OF MORMON

These two books of scripture testify of Jesus Christ, and together, they clarify many of His essential teachings and doctrine. Order a free copy today at comeuntochrist.org/requests/free-holy-bible.

VISIT US ONLINE

Need more daily inspiration? Read articles, watch videos, and find more study topics at comeuntochrist.org.

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