

The Life of Jesus Christ



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Jesus Christ Is Our Savior

Every person who comes to earth depends on Jesus Christ to fulfill the promise He made in heaven to be our Savior. Without Him, the plan of salvation would have failed. Because His mission was necessary, all of the prophets from Adam to Joseph Smith have testified of His divinity and the reality of His sacrifice. As we study the life of the Savior and follow Him faithfully throughout our lives, we will receive peace in this life and prepare ourselves to live eternally with our Father in Heaven.

He Led a Perfect Life

From His youth, Jesus obeyed all that was required of Him by our Heavenly Father. He showed us all how we should live and set a perfect example for us to follow.

When Jesus was 30 years old, He was baptized in the Jordan River by John the Baptist. The Holy Ghost descended upon Him after His baptism. Soon afterward, Satan came to tempt Jesus, but the Savior firmly rejected all of Satan's temptations and commanded Satan to leave. Jesus Christ remained sinless, the one perfect person to ever walk the earth.

Jesus loved others with all His heart and spent His life in service. He healed sicknesses, gave sight to the blind, and gave hearing to the deaf. He taught that whenever we find people hungry, cold, lonely, or in need, we should help. He loved the humble people who had faith in Him, and He loved those who had sinned. He invited all people to repent and be baptized.

He Redeemed Us from Sin and Death

Near the end of His life on earth, Jesus prepared to make the ultimate sacrifice for every member of the human family. The Savior's suffering for the sins of all people, His death, and His Resurrection are called the Atonement of Jesus Christ.

The night before His Crucifixion, Jesus went to a garden called Gethsemane, where He wept and prayed. In the garden that night, He began to take upon Himself our pains, sicknesses, weaknesses, and sins. No mortal person can comprehend just how great this burden was. No other person could have endured such agony. The Savior described how great His suffering was, saying it caused Him "to tremble because of pain, and to bleed at every pore, and to suffer both body and spirit" (D&C 19:18, page 32).

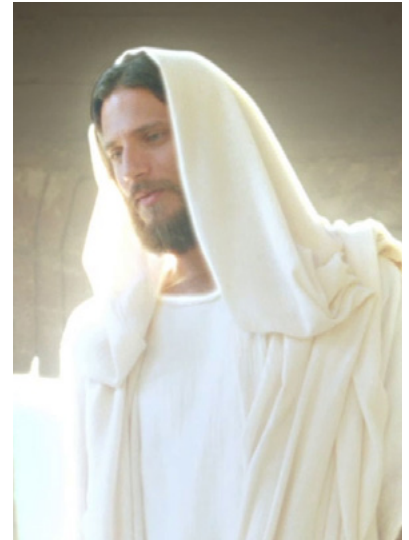




But His suffering was not yet complete. The following day, Jesus was beaten and humiliated. The leaders of His day wanted to kill Him because He said that He was the Son of God. He carried His cross to Golgotha, where He was crucified and continued to suffer for our sins.

When the Savior knew that His sacrifice had been accepted by the Father, He bowed His head and voluntarily died.

Some friends took the Savior's body to a tomb, where it lay for three days. On the third day—a Sunday—Jesus Christ's spirit returned to His body and took it up again. This reuniting of the spirit and body is called *resurrection*. Because Jesus Christ overcame death, we will all be resurrected. Through His suffering and resurrection, we can be saved from sin and death if we repent and keep His commandments.



LOOK
THEM
UP

Additional Scriptures

- **Matthew 26–28, pages 1234–41; Luke 22–24, pages 1317–24; John 18–20, pages 1358–64** (the Atonement of Jesus Christ)
- **John 3:16, page 1329** (God sent His Son to save the world)
- **1 Nephi 11:27–33, page 21** (Nephi prophesies of Christ's life)
- **2 Nephi 25:23, pages 99–100** (we are saved by the grace of Christ)
- **Mosiah 3:5–10, pages 151–52** (King Benjamin prophesies of Christ's life)



“For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

“For God sent not his Son into the world to condemn the world; but that the world through him might be saved.”

John 3:16–17, page 1329

Personal Experience

I went to prison because of some stupid choices. I thought I knew the right way to live because I grew up learning correct principles from the gospel of Jesus Christ. But I strayed from the faith of my family, for which I remain immensely sorry.

In prison I discovered through my institute and Sunday classes that studying the life of Christ would provide me an example of the type of life I would truly like to live. The more I learn from the holy scriptures, the more my Savior's example means to me. I have been reading the Old Testament this year, and I have learned so much from the prophecies about His coming to the earth. I love to read from the New Testament about His ministry of love and service to others and of His atoning sacrifice to redeem us all, including myself, from our sins.

Having Christ in my life has made such a big difference, and I am happy with the person I am becoming. I can truly say that I am grateful for the restored Church of Jesus Christ, and I know that it is true. By following the Savior's teachings, I know that I can be eternally happy, no matter what I have done in the past.

I pray daily to be guided by the Holy Spirit and to be reminded of the way Jesus would handle situations. When I am faced with struggles—and there are many—I try to imagine what Christ would have me do. I find it easier and easier each time to follow His example, and it brings my heart true joy.

I am also grateful that I can be like Christ in loving my fellow inmates and helping some of them become better people. I know that I can be happy, no matter what I have done in the past, as long as I am moving forward with Christ.

"I try to imagine what Christ would have me do. I find it easier and easier each time to follow His example, and it brings my heart true joy."

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RESPONSE FORM

Why do we need Jesus Christ to save us?

Why do prophets testify of Jesus Christ?



What can you do to follow the Savior's example?

What will you do to show your love for the Savior? What are you willing to give up?

Do you think the Savior is aware of your situation? How can you receive His help and guidance?

How does knowing about the life and sacrifice of Jesus Christ help you?

Is there anything else that you have learned from this lesson that you would like to share?

Name _____ Offender # _____

Please answer the questions on this response form, detach, and return to the address below:

Correctional Services
 50 East North Temple Street
 Salt Lake City, UT 84150
 1-801-240-2644

Please request the next lesson you would like to study: _____