



DEAR PARENTS,

How does your family use media? When used well, technology is a tool that helps us learn new things and stay in touch. You can teach your children to make smart, safe media choices. To start, read the story on page 14. Then look at the tips on page 36. You can also go to page 16 of this month's *Liahona* to help your family use technology in a healthy way.

With love,
The *Friend*



READING TIP

As you read, stop and talk about how the pictures show what is happening in the story.



PLEASE SEND YOUR SUBMISSION TO:

Friend Magazine
50 E. North Temple St., Rm. 2393
Salt Lake City, UT, USA 84150-0024
Or email: friend@ChurchofJesusChrist.org

The following information and permission must be included:

First and last name

Age	Boy / Girl	State / Province / Region, Country
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I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian	Date
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Email of parent or legal guardian

May the *Friend* contact you with a survey?

YES

NO



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