Staying Safe Online

DON'T: Respond to any mean comments, texts, or messages. It's better to block, delete, or ignore them.



IT'S EASY

to squeeze

toothpaste

out.



But have you ever tried to get toothpaste *back* into the tube?

You can't! The things you share

online are like squeezed toothpaste. Once you send something,

you can't take it back. Be care-

situation!

ful online and avoid a messy



DO: Use media in a place where there are other people. If you feel you have to hide something. it's probably not a good thing to

DO: Tell a parent or a trusted adult about any message, video, or picture that makes you uncomfortable. scared. or worried.

DON'T: Believe everything you read or see. Not everything you see online is true.

DON'T: Chat or share pictures of yourself with people you don't know in real life.



HERE are some tips to help you be wise online.

DO: Remember that there is an amazing world outside your phone or computer!



information unless a parent says it's OK. You shouldn't share TUOU password. birthdate. address, phone number, or even your full name online.

Share personal

DO: Be respectful and polite. It's easy to spread kindness online!



DO: Listen to the Spirit. Remember, the Holy Ghost "will show unto you all things what ye should do" (see 2 Nephi 32:5)—even online!



36