

JENERAL

KONFRENS

NOTBUK

**!YU
RERE!**

Bifo konfrens i stat, yu save mekem yuwan i rere blong lisingud long voes blong Lod taem yu lukaotem blong kasem wan revelesen we i blong yuwan.

?Mi mi tekem taem blong gat wan prea blong miwan?

?Mi ridim ol skripja blong mi?

“Mi stap invaetem yufala blong lisiin long tri samting long taem blong konfrens ia: trutok we i stret gud, doktrin blong Kraes we i stret gud, mo revelesen we i stret gud. . . . Mi save talem stret long yufala se wanem bae yufala i harem tedei mo tumoro, i trutok we i stret gud.”


Presiden Russell M. Nelson¹


!TEKEM OL NOT!

Soem long Lod se yu yu rere blong kasem mo tekem aksen folem revelesen, taem bae yu stap lukluk nomo mo lisin long Spirit mo stap raetemdaon wanem we tingting long hem mo filim. No wari blong stap raetemdaon evri smosmol samting we oli bin talem. Yu save gobak mo ridim o wajem oltaem ol toktok ia afta.


"I gat wan gudfala wei blong [stap tekem not] insaed long Buk blong Momon. I gat ol bigfala buk, we oli ol histri blong ol pipol, mo ol smol buk, we oli ol revelesen mo ol tabu raeting. Sapos wan i stap lisin long wan toktok . . . i stap raetemdaon wanem we wan man i stap talem, i olsem se yu stap raetemdaon long ol bigfala buk—histri blong miting. Sapos yu stap raetemdaon ol tingting mo filing blong yuwan we oli stap long yu, i olsem se yu stap krietem ol smol buk."

Elda David A. Bednar⁴

 Wanem Oli Tijim:

 Ol Filing mo Tingting blong Mi:

LISIN LONG SPIRIT ?WANEM NAO YU FILIM?

 "Sapos evri samting we yu kasem i hemia we tija i presentem, yumi stap mestem wanem we i moa impoten."

Elda David A. Bednar⁵



Wanem Oli Tijim:



**I NO GAT WAN RONG WEI
BLONG TEKEM OL NOT**

?Yu stap fesem hadtaem blong stap lisingud?
Traem mekem ol not blong yu oli luk naes.
Ademap sam saen, ol defdefren stael blong
ol leta o yusum ol pikja blong helpem
yu tingbaot ol stori, ol kwot o wanem
we spirit i talem yu we i minim wan
samting long yu.



*Lavem ol narafalawan
semmak olsem
we mi lavem
yufala.*





Ol Filing mo Tingting blong Mi:



!STOP SMOL!

Kasem naoia, ?Yu yu kasem eni
ansa long ol kwestin blong yu?
Sapos yu gat taem, tekem smol
taem blong raetemdaon wanem
toktok mo daareksen we Lod i
talem long yu.



“Mi promes se, taem yu stap harem voes blong Lod we i toktok long yu long ol tijing blong jeneral konfrens ia, mo afta, mekem folem ol tijing ia, bae yu filim han blong Lod i givhan long yu, mo laef blong yu mo laef blong ol narawan raon long yu bae i kasem blesing.”

Elda Neil L. Andersen⁶



"Long trifala toktok ia—'Lisingud long Hem'—God i stap givim yumi ol step blong gat saksas, hapines, mo glad long laef ia. !Yumi mas *harem* ol toktok blong Lod, *lisingud* long ol toktok ia, mo *mekem folem* wanem Hem i talem long yumi!"

Presiden Russell M. Nelson



Wanem Oli Bin Tijim



Ol Filing mo Tingting blong Mi:

?WANEM NAO?

Taem we konfrens i finis, i taem blong wok long ol samting we yu bin harem mo filim. Hemia samfala kwestin we yu save stat wetem:

- ?Wanem i wan samting we mi save lukluk nomo long hem taem mi stap muv i go fored?
- ?I gat eni samting long laef blong mi we mi filim Spirit i talem long mi blong jenisim?
- ?Wanem ol samting we Spirit i talem blong mi mekem?
- ?Olsem wanem nao mi bin Lisingud long Hem long taem blong konfrens?
- ?Olsem wanem nao mi save Lisingud long Hem moa gud long evri dei laef blong mi?

?Yu glad wetem ol wei we ol not blong yu blong konfrens oli bin kam tugeta? ?Yu gat sam saen mo ol pikja long ol not blong yu we oli klin inaf blong serem long sosol media? !Serem olgeta wetem mifala! Sendem wan pikja long imel blong ol not blong yu i go long ftsoy@ChurchofJesusChrist.org o postem long Instagram mo !tag long @strivetobe page!





“Ol ansa long ol spesifik prea blong yu oli save kam stret tru long wan toktok ia, o i save kamaot tru long wan spesifik sentens. . . . Sapos yu gat wan tru hat blong wantem, mo wan tru hat blong folem ol toktok blong kaonsel ia, hemia bae i mekem rod i rere blong yu kasem wan revelesen we i blong yuwan.”

Elda Dieter F. Uchtdorf[®]

OI Not

1. Russell M. Nelson, “Trutok we I Stret Gud, Doktrin we I Stret Gud, mo Revelesen we I Stret Gud,” Oktoba 2021 general conference (*Liahona*, Novemba 2021, 6).
2. Jeffrey R. Holland, “Cast Not Away Therefore Your Confidence,” *Ensign*, Mar. 2000, 9.
3. Russell M. Nelson, “Trutok we I Stret Gud, Doktrin we I Stret Gud, mo Revelesen we I Stret” (6–7).
4. David A. Bednar, “Create Your Own Small Plates” (vidio), ChurchofjesusChrist.org.
5. David A. Bednar, “Create Your Own Small Plates.”
6. Neil L. Andersen, Oktoba 2017 jeneral konfrens (*Ensign* o *Liahona*, Novemba 2017, 126).
7. Russell M. Nelson, “Lisingud long Hem,” Epril 2020 general conference (*Ensign* o *Liahona*, Mei 2020, 89).
8. Dieter F. Uchtdorf, “General Conference—No Ordinary Blessing,” *Ensign* or *Liahona*, Sept. 2011, 4.

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RAET BLONG PRINTIM BUKLET IA BAKEGEN, OLI GIVIM NOMO BLONG YU SAVE YUSUM BLONG YUWAN, BE I NO BLONG WINIM MANE WETEM. RAET IA I GO TU LONG OL LIDA BLONG OL WOD BLONG OLI PRINTIM WAN SMOL NAMBA BLONG OL KOPI BLONG OLGETA WE OLI STAP MEKEM WOK LONG KOLING BLONG OLGETA. OL BUKLET IA, OLI MAS PRINTIM I FULWAN. HEMIA I NO GIVIM RAET BLONG POSTEM ONLAEN, YUSUM LONG NARA STAMBA TINGTING, O SEREM BUKLET IA I GO. ENI NARA YUS BLONG BUK IA, BAE OLI MAS ASKEM RAET FASTAEM.

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?YU NIDIM MOA KOPI?

Daonlodem mo printim notbuk ia long
churchofjesuschrist.org/general-conference?lang=bis.

