

# FOR OLDER KIDS

## Inspiring Words

"Let your hearts be full, drawn out in prayer unto him continually."

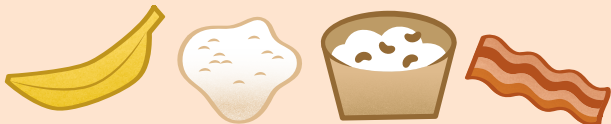
(Alma 34:27)



## Quick Quiz

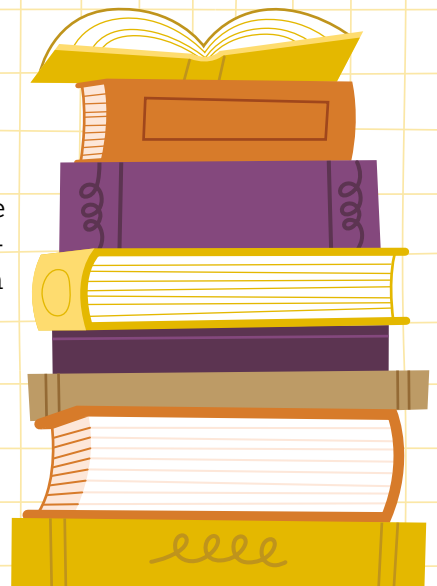
What food did God give the Israelites to eat while they were in the wilderness?

- a. bananas
- b. manna
- c. rice and beans
- d. bacon



## Children and Youth Idea

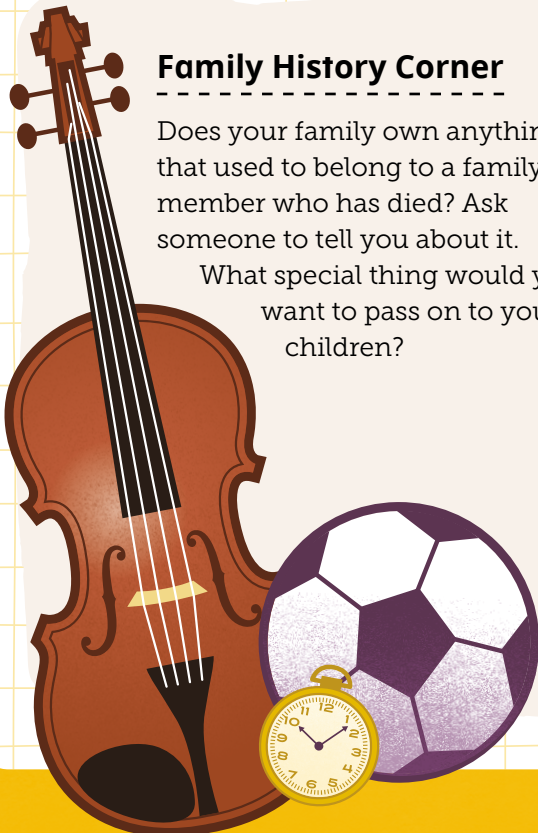
**Intellectual:** "Choose something you're interested in, and learn everything you can about it" (*Children's Guidebook*, 59).



## Family History Corner

Does your family own anything that used to belong to a family member who has died? Ask someone to tell you about it.

What special thing would you want to pass on to your children?



## I Forgive You

A girl in my class made fun of me. It really hurt my feelings. When I got home I went to my room and prayed. I said, "Dear God, can you help me forgive this girl?" I felt a wave of peace and love wash over me. The next day at school I told her, "I forgive you."

**Devyn Y., age 10, North Dakota, USA**

Answers