

For Health and Strength

Round

Gratefully ♩ = 100-108

The musical score is written in 4/4 time with a key signature of one flat (Bb). The melody is on a treble clef staff, and the accompaniment is on a bass clef staff. The melody consists of a sequence of eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The lyrics are: "For health and strength and dai - ly food we praise thy name, O Lord." The lyrics are divided into four groups, each starting with a circled number: ①, ②, ③, and ④. The first group starts on the first note (G4), the second on the second note (A4), the third on the third note (Bb4), and the fourth on the fourth note (C5). The accompaniment consists of chords: F major (F, A, C), C7 (F, A, Bb, C), F major (F, A, C), C7 (F, A, Bb, C), F major (F, A, C), C7 (F, A, Bb, C), and F major (F, A, C). The tempo is marked as 100-108 beats per minute.

To sing this song as a round, divide into groups. Begin with a new group at each number. Round may be sung with or without the accompaniment.

Doctrine and Covenants 136:28

Words and music: Anon.