Roll Your Hands

Playfully  \( \frac{d}{4} = 104–116 \)

1. Roll your hands, roll your hands, As
2. Roll your hands, roll your hands, As

\[ \text{slow - ly, as slow - ly as slow can be.} \]
\[ \text{swift - ly, as swift - ly as swift can be.} \]

\[ \text{Then} \]

\[ \text{fold your arms like me, like me,} \]
\[ \text{Then fold your arms like me.} \]

Improvise tempo and actions as suggested by the words.

Words: Traditional